

Liturgy for Times of Distress, Joel Fitzpatrick  
Psalm 22  
October 28, 2018

### **Liturgy For Times of Distress**

Pray out loud: God why have you left me to myself, it feels like you are so far away from me

Pray silently: Be near to me God, give me hope.

Together: Lord it feels like heaven is closed to me.

Pray out loud: Jesus, let me find my rest in you. Thank you that I can cast my cares on you, because you care for me.

Together: Lift up the light of your face upon us, O Lord, so I can lie down, sleep and dwell in safety.

Pray out loud: Lord put joy in my heart, please give me peace

Together: Deliver me, help me to see that you have delivered me in Christ. Give me hope that you will deliver me again.